

Sheraton Athlone Hotel

Central to Everywhere

Sheraton

Welcome to Athlone's Lakelands



Regional Map of Athlone

- | | |
|--|-----------------------------------|
| 1. Belvedere House & Gardens | 11. Ballinahown Craft Village |
| 2. Roscommon Castle | 12. Athlone Equestrian Centre |
| 3. Lough Key Forest Park | 13. Inny Bay Angling & Boat Hire |
| 4. Clonmacnoise Monastic Settlement | 14. Mullingar Greyhound Stadium |
| 5. Athlone Golf Club, Baysports, Viking Cruise Tours | 15. Kilbeggan Races |
| 6. Birr Castle | 16. Dean Crowe Theatre |
| 7. Locke's Distillery | 17. Tullamore Dew Heritage Centre |
| 8. Glendeer Pet Farm | 18. Athlone Castle |
| 9. Outdoor Discovery | 19. Strokestown Park House |
| 10. Lough Boora Parklands | 20. Turoe Pet Farm |

PLEASE NOTE:
All locations on this map are approximated for illustration purposes only.



Sheraton
Athlone
HOTEL

090 6451000
www.sheratonathlonehotel.com

Guest Information

Breakfast Times	Monday to Friday : 7.00am to 10.30am Saturday & Sunday : 7.30am to 11.00am Served in La Provence Restaurant on Level 1
Bar Food	Sunday - Thursday : 12.00pm to 9.30pm Friday & Saturday : 12.00pm to 9.30pm Showing Sports Events Daily Live Entertainment Most Weekends
Dinner in La Provence	Sunday to Thursday : 6.30pm to 9.30pm Friday & Saturday : 6.00pm to 9.30pm
Leisure Centre	Monday to Friday : 7.00am to 10.00pm Saturday & Sunday : 8.00am to 9.00pm Children welcome from 9.00am to 7.00pm Regular Classes Available Contact Leisure Centre
Sirana Spa	Please contact Guest Services for bookings.
Sheraton Adventure Club	Available during Midterm Breaks & throughout Summer, Christmas & Easter Holidays. Please check dates with Guest Services.
Taxi Service	An inhouse Taxi Service is available to guests. If you wish to order a taxi, please contact Guest Services on 0.

Directions

Athlone Town Centre - Shopping Centre
Take lift to reception. At reception make way towards Car Park Lift.
Take Lift to level 1.
This will bring you through the Harvest Café and directly into the Shopping Mall

Golden Island Shopping Centre
At the main hotel door, turn right.
Continue straight across the road and past Dunnes Stores.
At the roundabout, take 1st exit and Golden Island Shopping Centre is on your right.

Chemist - Available in Athlone Town Centre



Like Us



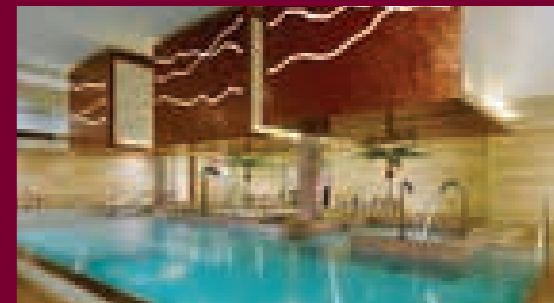
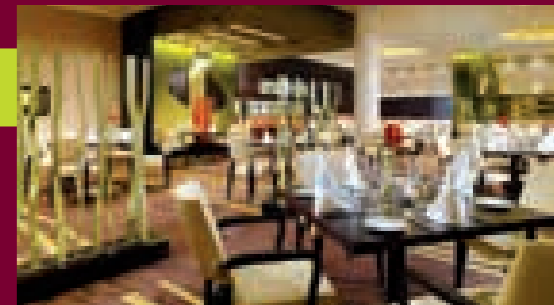
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Complimentary
Wi Fi & Broadband



In House Movie
Entertainment



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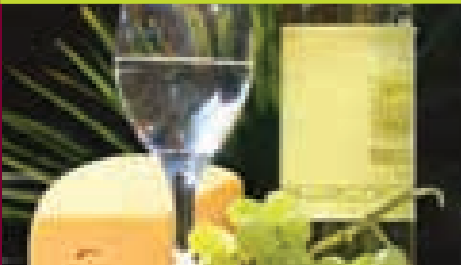
Sheraton

Something for Everyone...

The following complimentary activities take place in-house throughout the week.

We encourage you to come along, experience and enjoy the selection of activities available to you.

Midweek Activities



Wine Tasting - Enjoy this popular activity with our resident Wine Expert. Learn great tips while having fun... Monday 5.30pm



Create the Perfect Hot Drink - Learn the tips from the trade on how to create the perfect hot drink while enjoying a sample yourself. Tuesday 5.00pm



Skincare/Make Up Demonstration - Enjoy our tips for creating the perfect looks for the season from our Spa Team. Wednesday 4.30pm



Irish Seasonal Foods - Our Executive Chef will talk you through on how to create great recipes for the different seasons. Thursday 5.30pm

*** Comedy & Canapés** - Enjoy some old classic comedies in the comfortable surrounds of our Club Lounge. Canapés will keep you energized to laugh the evening away. Sunday 7pm

**** Leisure centre Activities** - Enjoy a large variety of classes from our expert gym instructors. Choose from Aqua Aerobics, Spinning, Kick & Tone to name a few. See our Leisure Centre Timetable.

All Activities take place in the Residents Lounge beside Reception!

* Taking Place in Club Lounge on 3rd Floor ** Taking Place in Leisure Centre on -2

Sheraton Adventure Club

Our fully supervised Sheraton Adventure Club has lots of exciting games and fun activities planned, including outdoor games, sport challenges, arts and crafts, movie time, board games, playstation, quizzes and more. Children aged 4-12 years with sessions from 10-1 and 5.30 - 11pm daily. Sheraton Adventure Club is available during Midterm Breaks & throughout Summer Holidays. Please check dates with guest services.

Playgrounds at Athlone Sports Centre, Coosan Point and Ballinahown village.

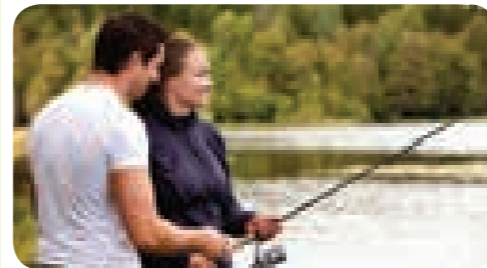


VISITOR ATTRACTIONS

EQUESTRIAN CENTRE
www.athloneequestrian.ie; Tel: 086 2433609

INNY BAY ANGLING / BOAT HIRE

www.innybay.com; Tel: 087 6370273



DERRYGLAD FOLK MUSEUM V
www.derrygladfolkmuseum.com
Tel: 090 648 8192

BALLINAHOWN CRAFT VILLAGE
www.irishdesignercraftvillage.com
Tel: 090 6430404

KILBEGGAN RACES
www.kilbegganraces.com; Tel: 057 9332176

MULLINGAR GREYHOUND STADIUM
www.igb.ie; Tel: 044 93 48348

OUTDOOR DISCOVERY ADVENTURE CENTRE V
www.outdoordiscovery.ie; Tel: 090 6400111

TULLAMORE DEW HERITAGE CENTRE
www.tullamoredeew.com; Tel: 01 6454500

LOCKE'S DISTILLERY MUSEUM, TULLAMORE
www.lockesdistillerymuseum.ie
Tel: 01 6454500

STROKESTOWN PARK HOUSE
www.strokestownpark.ie; Tel: 071 9633013

DEAN CROWE THEATRE
www.deancrowetheatre.com
Tel: 090 6492129

Athlone's Lakelands

A Haven of Attractions and Activities...

Choose one of the following activities. Vouchers available at Reception V

BAY SPORTS - HODSON BAY

(Seasonal) Situated on the lakeshore at Hodson Bay. Kayaking, sailing, pedal boating, dingy sailing, banana boat rides and much more await you! Group or family cruising can also be organised at Lough Ree's newest water adventure centre.

Contact Details:
www.baysports.ie; Tel: 090 6494801 V

ATHLONE GOLF COURSE

Located only 10 minutes drive from the hotel. This superb 18 hole parklands golf course is a treat for golfing enthusiasts. Its tree-lined fairways and undulating terrain also make it a true test of golf.

Contact Details:
www.athlonegolfclub.ie; Tel: 090 6492073 V

LATIN QUARTER & SEAN'S BAR

Left Bank Latin Quarter: Wander through the old historic streets which are home to many charming boutiques, bistro's and craft shops.

Ireland's Oldest Pub - Sean's Bar: Visit Sean's Bar where you're guaranteed a great night of traditional craic agus ceol.

ATHLONE TOWN SHOPPING

The Midlands Largest Shopping Centre - Athlone Town Centre. The one stop shopping haven. Treat yourself to over 70 top Brands including Zara, H&M, River Island, Next, Topshop & many more. The choice is yours!

Contact Details:
www.athlonetowncentre.com

VIKING CRUISE TOURS

(Seasonal) Majestic cruises on the River Shannon, Lough Ree and its many historical islands, including the monastic site of Clonmacnoise. Daily scheduled cruises from July to September with departure and drop off at Hodson Bay and Athlone Castle.

Contact Details:
www.vikingtoursireland.ie V
Mob: 086 2621136 Tel: 090 6473383

LAKELANDS WALKING

Take in the natural beauty of Athlone's Lakelands while exploring some of the many routes including Rindoon Castle Loop walk or the St. John's Wood Lake Trail.

Contact Details:
www.hodsonbayhotel.com; Tel: 090 6442000

GLENDEER PET FARM

(Seasonal) See all the wildlife and traditional machinery while on an impressive nature walk. Kids can also enjoy the nature walk whilst parents can relax in the farm coffee shop.

Contact Details:
www.glendeer.com; Tel: 090 6437147 V

LOUGH KEY FOREST PARK

An excellent day out for all on over 800 acres of beautiful parkland and forest. The "Boda Borg" experience is a must for older kids, the outdoor adventure play kingdom for the young ones and Ireland's only canopy walk make for a great day for all the family.

Contact Details:
www.loughkey.ie; Tel: 071 9673122 V

CLONMACNOISE SETTLEMENT

One of Ireland's most celebrated monastic sites founded by St. Ciaran, dates back to the mid 6th century and includes the ruins of a cathedral, seven churches, two round towers, three high crosses and the largest collection of Early Christian graveslabs in Western Europe.

Contact Details:
www.heritageireland.ie; Tel: 090 9674195 V

BELVEDERE HOUSE & GARDENS

Lord Belvedere's Hunting Lodge at Lough Ennell stands on 160 acres of maintained estate and Victorian Gardens plus an Apiary and Falconry Centre. Belvedere House is fully restored and includes a licensed restaurant, gift shop, interpretative centre, exhibition galleries, three childrens playgrounds, animal sanctuary, tram trips and several picnic areas.

Contact Details:
www.belvedere-house.ie; Tel: 044 9349060 V

LOUGH BOORA PARKLANDS

So much to see and do - walking, hiking, cycling (you can hire bikes for all the family), coarse angling, game fishing, birdwatching, sculpture park, mesolithic site and beautiful spots to bring a picnic and enjoy true relaxing time for you and all the family.

Rent a Bike: Tel: 086 8895194 V
www.loughbooraparklands.com

TUROE PET FARM & LEISURE PARK

(Seasonal) "A Rural Irish Setting". Turoe Farm offers a fun filled day out no matter what the weather. One can follow the nature trail around the farm to feed & pet the animals or go indoors to experience one of European largest bouncing castles.

www.turoepetfarm.com; Tel: 091 841580

