



Sirana

spa pampering on a different level

Sheraton
Athlone Hotel

090 6451000



Treatment	Time (mins)	Price €
Facials		
Elemis Oxygen Skin Calm Facial	60	75
Elemis S.O.S Purifying Facial	65	90
Elemis Moisture Dew Facial	55	80
Elemis Advanced Anti Aging Facials		
Elemis Visable Brilliance Facial	70	125
Elemis Pro Collagen Quartz lift	70	120
Elemis Tri Enzyme Facial	55	120
Massage		
Sirana Hot Stone	60	105
Elemis Deep Tissue Muscle Melt	55	85
Sirana Serene	50	80
Thai Massage	75	120
Sirana Double Delight	75	240
Sirana Zen Touch	45	75
Express Treatments		
Glow Facial	30	55
Elemis Exotic Moisture Dew Facial	30	55
Elemis Herbal Lavender Repair Facial	30	55
Quick Fix Massage	30	55
Scalp Indulgence	30	55
Sirana Tan	30	55
Manicure and Pedicure On-The-Run	45	80
Diamond Diva	45	55
Bubbles & Giggles	45	55

Treatment	Time (mins)	Price €
Body Treatments		
Sirana Seaweed Wrap	70	95
Elemis Frangapani Body Nourish Wrap	45	80
Elemis Coconut Rub and Milk Ritual	45	75
Elemis Body Sculpting and Colon Cleansing Treatment	60	100
Thai Hot Herbal Compress	60	85
Sirana Ritual	75	125
Royal Javanese	70	125
Holistics		
Lifestyle consultation	80	80
Hopi Ear	45	70
Reflexology	50	85
Indian Head Massage	40	70
Mens		
Sirana Scalp Ease	40	60
Elemis Deep Tissue Muscle Melt	55	85
Sirana Shoulder and Back Massage	30	55
Elemis IQ Facial	70	120
Elemis Urban Cleanse	70	110
Manicure for Men	20	30
Pedicure for Men	20	30

Treatment	Time (mins)	Price €
Sirana Couples		
Arabian Cleansing Ritual	60	90
Sirana Double Delight	120	240 <i>per person</i>
Two Flames Burn Brighter	120	200 <i>per person</i>

Mothers to be		
Light Within	80	115
Yin/Yang Facial	40	75
Budda Belly Special	70	125

Enhancements		
Leighton Denny Manicure		45
Leighton Denny Pedicure		55
French Polish		35
File & Paint		25
Pro-Collagen Hand & Nail Treatment	45	60
Sirana Luxury Pedicure	45	75
Sirana Luxury Manicure	50	65
Paraflex Treatment	50	85

Waxing		
Eyebrow Waxing and Eye Lift Acupressure		15
Eyebrow/lash and Acupressure		15
Full Leg		35
Half Leg		25
Bikini or Underarm		20
Lip Wax		12

Treatment	Time (mins)	Price €
Make Up		
Make-up Trial	45	40
Make-up Application	30	30
Sirana Tan		
He-Shi Tan Full Body		40
He-Shi Tan Half Body		25

Spa Packages	
Divine Diva	170
Elemis Urban Treat	225
Modern Man Special	200
Elemis Absolute Spa Ritual	199
El - Sirana	280

Overnight Spa Packages	Peak Weekend	Peak Midweek	Off P Weekend	Off P Midweek
Bonsai Retreat	235 <i>pps</i>	225 <i>pps</i>	225 <i>pps</i>	225 <i>pps</i>
Circle of Friends	249 <i>pps</i>	229 <i>pps</i>	229 <i>pps</i>	209 <i>pps</i>
Two Flames Double Delight	299 <i>pps</i>	279 <i>pps</i>	289 <i>pps</i>	269 <i>pps</i>
Urban Spa Escape	304 <i>pps</i>	284 <i>pps</i>	294 <i>pps</i>	274 <i>pps</i>



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